

REGISTRATION FORM (VAN DER KOLK)

February 12-13 Portland, OR February 12-13 Live Webcast

Name _____ Degree _____
 Company _____
 Address _____
 City _____ State _____ Zip _____
 Phone (____) _____ Fax (____) _____
 Email Address (required) _____

Profession(s): Please provide your profession and license number(s).
 Profession _____ License(s) # _____

If you are physically challenged and have special needs, please contact IBH as soon as possible. All meeting rooms are wheelchair accessible.

REGISTRATION FEES Register online and save \$10 with discount code IBH10
 \$397 Early Registration (Must be postmarked at least 14 days prior to workshop)
 \$427 Regular Registration (Must be received by noon the day prior to workshop)
 \$457 On-Site Registration (If space is still available)
 \$230 Workshop aide (Please e-mail for approval. No other discounts apply.)

LIVE WEBCAST REGISTRATION FEES
 \$387 Webcast Registration: Feb. 12-13 (Must be received by noon the day prior to workshop)

DISCOUNTS
 Groups: Deduct \$50.00 per person (Three or more registrations received together)
 Full-time Students: Deduct \$60.00 (Proof of student status must accompany registration)
 Alumni: Deduct \$75.00 (Must have attended an IBH workshop during the past 12 months)

TOTAL PAYMENT ENCLOSED (U.S. funds)
 _____ Payment must accompany registration.

METHOD OF PAYMENT

Check enclosed made payable to IBH
 Card # _____ Exp. date _____ / _____ CVV# _____
 Cardholder name _____
 Signature _____

GUARANTEE
 If by the first morning break, you are not satisfied, inform the coordinator, turn in all materials and write to IBH requesting a refund. Your money will be refunded upon receipt of your written request.



WORKSHOP INFORMATION

February 12-13, 2018
 Hilton Portland Downtown
 921 SW Sixth Ave.
 Portland, OR 97204
 503-220-2565

February 12-13, 2018
LIVE WEBCAST
 Streamed live Pacific Time
 As outlined in the schedule.
 For complete details,
 Visit www.IBH.com/workshops

DISCOUNTS
 Must be noted on original registration (one discount per person on two-day registration only)
 >>> **GROUPS:** Organize a group of three or more and save! Mail your registrations together and deduct \$50 from each.
 >>> **FULL-TIME STUDENTS:** Deduct \$60 from applicable tuition. Proof of full-time status (undergraduate, 12 or more units; graduate: 6 or more units) must accompany your registration.
 >>> **ALUMNI:** If you have attended an IBH workshop in the last 12 months, you may deduct \$75 from your tuition.

CANCELLATIONS
 Requests must be in writing. Refunds will be given on requests postmarked no later than 7 days prior to the workshop. A \$35 per person processing fee will be deducted from all cancellations. No refund will be issued within 7 days of the workshop. If IBH cancels a workshop, tuition will be refunded in full.
WORKSHOP AIDES
 Save over 40% on your tuition by working as an aide at the beginning and end of each day and at the breaks. If you would like to be considered for an aide position, please email staff@IBH.com to see if spots are still available. In the subject line, please write: Workshop Aide & the city you will be attending. Act now; positions fill quickly.

CONTINUING EDUCATION

The Institute for Better Health (IBH) has been approved to offer 12 hours of continuing education and continuing medical education (credit where otherwise noted) by the following:
ALCOHOLISM & DRUG ABUSE COUNSELORS: IBH is approved by the National Association of Alcoholism and Drug Abuse Counselors Approved Provider Program (NAADAC Approved Provider #92743) for 12 CEUs.
CEAPS: This course has been submitted to the Employee Assistance Certification Commission (EAP/EA/C) in Pomona, CA for approval pending.
COUNSELORS & MFTs: IBH is approved by the Illinois Department of Professional Regulation (Provider #168-00000). IBH has been approved by the Texas Board of Examiners of Marriage and Family Therapists to provide CE offerings for MFTs. Provider Number 024. Institute for the Advancement of Human Behavior, Inc. (IAHB) is recognized by the New York State Education Department's State Board for Mental Health Practitioners as an approved provider of continuing education for licensed mental health counselors. #MHIC-0003. Counselors may earn 12 contact hours. CA, OR, & WA State Counselors may earn CE credit through reciprocity with other national approvals listed here.

PHYSICIANS: The Institute for the Advancement of Human Behavior (IAHB) is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians. The Institute for the Advancement of Human Behavior designates this live activity for a maximum of 2 AMA PRA Category 1 Credits™. Physicians should only claim credit commensurate with the extent of their participation in the activity.
PSYCHOLOGISTS: IBH is approved by the American Psychological Association (APA) to offer continuing education for psychologists. IBH maintains responsibility for the program and its content.
SOCIAL WORKERS: Institute for the Advancement of Human Behavior, #426, is approved as a provider for social work continuing education by the Association of Social Work Boards (ASWB) #1000; exclusively through the Approved Continuing Education (ACE) program. Institute for the Advancement of Human Behavior maintains responsibility for the program. ASWB Approval Period: 3/16/2007 - 3/16/2020. Social workers should contact their regulatory board to determine course approval for continuing education credits. Social workers participating in this course will receive 12 clinical continuing education clock hours. As an approved continuing education provider for the Texas State Board of Social Worker Examiners, IAHB offers continuing education for Texas licensed social workers in compliance with the rules of the board. License No. 3876, SAC rules. PO Box 40447, Austin, TX 78714. (512) 799-5221. Institute for the Advancement of Human Behavior, Inc. SW-CPE is recognized by the New York State Education Department's State Board for Social Work as an approved provider of continuing education for licensed social workers #0090. Social workers may earn 12 contact hours.

EDUCATORS: The Institute for the Advancement of Human Behavior has been approved by the Washington State Professional Educator Standards Board (WSPSB), a member of NASDTEC, as a Clock Hour Provider for Education. Learners may claim one Clock Hour for each activity hour attended. Please contact your individual state boards for information regarding reciprocity and any additional requirements.

NOTE: You must attend in full to earn CE credit. No partial credit will be awarded. Many state boards accept offerings accredited by national or other state organizations. If your state is not listed, please check with your professional licensing board to determine whether the accreditations listed are accepted.

WORKSHOP OBJECTIVES

After attending this dynamic workshop, participants will be better able to:

- >>> Examine & explain how traumatized people process information
- >>> Describe how sensorimotor processing can alleviate traumatic re-experiencing
- >>> Describe the range of adaptations to trauma early in the life cycle
- >>> Explain how trauma affects the developing mind and brain
- >>> Summarize the recent advances in neurobiology of trauma
- >>> Describe how movement affects memory processing
- >>> Identify the difference between disrupted attachment and traumatic stress
- >>> Describe how adverse childhood experiences effect brain development, emotion regulation & cognition
- >>> List and describe techniques of physical mastery, affect regulation and memory processing
- >>> Summarize treatment strategies alternatives to drugs and talk therapy

IBH EDUCATIONAL MATERIALS

TO ORDER: Complete this form indicating your selections. Mail it with payment to IBH, PO BOX 5740, Santa Rosa, CA 95402. Please allow 1-2 weeks for delivery. Detailed descriptions of these and other IBH educational materials and homestudies may be found on our website, www.IBH.com. All products listed are videos. Information on how to obtain CE Credit for these products can also be found on our website.

	Quantity	Amount
EMDR and Beyond: The Trauma Power Therapies <i>Bessel van der Kolk, M.D., and others* (CE Available*)</i> Watch Laurel Parnell, David Grand, Bessel van der Kolk, and 8 other experts describe the tremendous power of EMDR and related trauma treatments.		\$59.99
Trauma and Attachment <i>Bessel van der Kolk, M.D. (CE Available*)</i> Learn why attachment theory is so critical to the effective treatment of trauma through the use of EMDR, neurofeedback, and a variety of other powerful interventions.		\$59.99

*Please see www.IBH.com for a complete list of speakers, CE info, and detailed descriptions of these programs.

	Quantity	Amount
The Impact of Early Life Trauma <i>Bessel A. van der Kolk, M.D., and Judith Herman, M.D. (CE Available*)</i> An in-depth look at shame, trauma, and how, once properly understood, their crippling effects can be treated effectively in psychotherapy.		\$34.99
Trauma, Mindfulness & Neurobiology of Self <i>Jan Kabat-Zin, Ph.D. (CE Available*)</i> This workshop highlights work that constitutes the cutting edge on the neurobiological foundations of stress resilience, mindfulness, the effects of trauma on self-awareness and self-organization, and how mindfulness meditation and yoga can change the brain.		\$39.00
Trauma, Attachment & Neuroscience <i>Bessel van der Kolk, M.D. (CE Available*)</i> This special seminar recording represents current research findings about how people's brains, minds and bodies are affected by traumatic experiences and illustrate principles of post-traumatic therapy.		\$169.99
Peter Levine on Trauma: How the Body Releases Trauma & Restores Goodness <i>Peter Levine, Ph.D. (CE Available*)</i> Learn how sensation-based (as opposed to emotional or rational) treatment is the key thread into the trauma, and how to slowly uncouple fear from the natural immobility state. This DVD includes and in depth- review of how trauma is related to the ethological concept of tonic immobility, the importance of the so-called 'primitive' Vagus system, and how its connections through the viscera and body are a key ally in trauma therapy.		\$169.99
Please see www.IBH.com for a complete list of speakers and detailed descriptions of these programs.		
Shipping and handling: 1 item \$7.00, each add'l item \$2.00		
		Subtotal
CA residents add local sales tax		
VANA		Total (US dollars)

Please Note: Not all boards accept home study for continuing education. Please contact your own board for more information.

Name _____ Degree _____
 Address _____
 City _____ State _____ Zip _____
 Phone (____) _____ Email _____
 Check payable to IBH
 Card # _____ Exp. date _____ / _____ CVV# _____
 Signature _____
 Cardholder _____