

REGISTRATION FORM

April 12-13, 2018 | Vancouver, BC, Canada April 19-20, 2018 | Portland, OR
 April 19-20, 2018 | LIVE WEBCAST

Name _____ Degree _____

Company _____

Address _____

City _____ State _____ Zip _____

Phone (_____) _____ Fax (_____) _____

Email Address (required) _____

Profession(s): Please provide your profession and license number(s).

Profession _____ License(s) # _____

This workshop is held in facilities which are in compliance with the Americans with Disabilities Act. Please contact IBH at 650-851-8411 if special accommodations are required. All meeting rooms are wheelchair accessible.

REGISTER NOW! www.IBH.com/workshops

REGISTRATION FEES Register online and save \$10 with promo code IBH10

All workshop fees are listed in U.S. Dollars

- \$347 Early Registration (Must be postmarked at least 14 days prior to workshop)
- \$377 Regular Registration (Must be received by noon the day prior to workshop)
- \$397 On-Site registration (If space is still available)
- \$200 Workshop aide (Please e-mail for approval. No other discounts apply.)

LIVE WEBCAST REGISTRATION FEE

- \$337 Webcast Registration: (Must be received by noon the day prior to workshop)

DISCOUNTS

- Groups: Deduct \$50.00 per person (Three or more registrations received together)
- Full-time Students: Deduct \$60.00 (Proof of student status must accompany registration)
- Alumni: Deduct \$75.00 (Must have attended an IBH workshop during the past 12 months)

TOTAL PAYMENT ENCLOSED (U.S. Dollars)

Payment must accompany registration.

METHOD OF PAYMENT

- Check enclosed made payable to IBH

Card # _____ Exp. date ____/____/____ CVV# _____

Cardholder name _____

Signature _____

ELIGIBILITY: This program is open to professionals and advanced students in health-related fields, and is not suitable for the general public.

GUARANTEE: If by the first morning break, you are not satisfied, inform the coordinator, turn in all materials and write to IBH requesting a refund. Your money will be refunded upon receipt of your written request.

NOTE: Speaker/planner conflict-of-interest disclosures are available on our website. Please check prior to registering.

Recording of this workshop is not permitted.



Mail Completed Form To:
IBH | P.O. Box 5527 | Santa Rosa, CA 95402
Register by Phone, Fax or Online:
PHONE (800) 258-8411 | FAX (707) 755-3133 | www.IBH.com



Drs. Pearson and Bader

*In this fast-paced workshop, you will not only hear how to...
You will watch and experience how to create lasting change with...
• The Hostile-Angry Couple
• The Conflict Avoidant Couple
• The Passive-Aggressive Partner
• Anger after Infidelity
• Lies and Deception*

Take away innovative and practical approaches to motivate unmotivated partners as you spend the two days with the co-founders of The Couples Institute.

LIVE VIDEO WEBCAST!

"Ellyn and Pete are rock stars in our field, and their commitment to improving couples therapy is a huge gift. I have benefited immeasurably!"

-Debra Douglas, Seattle, WA, MA/ LMFT

"You and your husband are a class act, and I have learned a lot. I have received training in other modalities - your approach is the most substantial and the most flexible of the systems I have seen. Keep up the good work."

-Steve Gill, PhD, Sedona, Arizona

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HIGH IMPACT COUPLES THERAPY:

Breakthrough Results with Your Most Challenging Couples

Ellyn Bader, Ph.D., and Peter Pearson, Ph.D.

Institute for the Advancement of Human Behavior
Institute for Better Health
P.O. Box 5527
Santa Rosa, CA 95402

HIGH IMPACT COUPLES THERAPY:

Breakthrough Results with Your Most Challenging Couples



DON'T MISS THE LIVE VIDEO WEBCAST!

Ellyn Bader, Ph.D., and Peter Pearson, Ph.D.



**April 12-13, 2018 | Vancouver, BC
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12 CE/CME Credit Hours

ABOUT THE WORKSHOP

Difficult couples can be a special challenge to therapists with their entrenched, sometimes aggressive patterns, and their ongoing regression and resistance to change. Partners in these couples also test therapists with self-absorption, high sensitivity to confrontation, demands for intimacy, and their limited capacity to support the intimacy they desire.

Learn where, why and how so many relationships get stuck, and what you can do about it.

Spend two days with Drs. Ellyn Bader and Peter Pearson learning how to use the Developmental Model of Couples Therapy to sustain positive

momentum with difficult couples. You'll save yourself months of frustrating work with highly entrenched couples by taking a strong leadership role. Your work will become clearer and easier, and your clients will change faster.

Through video demos, role play, and case transcripts used to demonstrate core intervention strategies, you will leave this workshop with a road map and unconventional framework for how to make your therapy more collaborative and effective.

SPEND TWO DAYS WITH MASTER THERAPISTS AND CO-FOUNDERS OF THE COUPLES INSTITUTE

Since 1984 Dr. Ellyn Bader and Dr. Peter Pearson have been helping couples resolve issues and create strong, loving relationships. As therapists, workshop leaders, authors, and speakers, they are known worldwide for their pioneering work in couples therapy. Founders of The Couples Institute in Menlo Park, CA, they are frequently invited to speak at major professional conferences and to conduct training in the psychological treatment of couples throughout the world. In addition to their professional collaboration, they are married to each other, bringing even greater insight to the work they do.

Dr. Bader and Dr. Pearson are the authors of "Tell Me No Lies," a book that lays out strategies for how to face the truth and build a loving marriage. They also wrote "In Quest of the Mythical Mate," a textbook for couples therapists used in graduate schools across the country. This book introduced the Developmental Model of Couples Therapy and



won the Clark Vincent Award from the California Association of Marital and Family Therapists for its outstanding contribution to the field of therapy.

Ellyn and Peter have been featured on over 50 radio and television shows including "The Today Show", "Good Morning America" and "CBS Early Morning News." The Bader-Pearson approach is known for its practical applications that help couples create enduring change.

They will educate, enlighten, and entertain you with the challenges they have faced with couples and as a couple themselves, and how they overcame those challenges to build a successful model that has changed the lives of thousands.

"I feel I now have a compass. I know where I want to go and feel more prepared to face the obstacles that lay ahead whatever they may be. Bader-Pearson is a great model and the teachers are great mentors."

—JULES COMEAULT, QC, CANADA

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WORKSHOP AGENDA

DAY ONE

The Developmental Model of Couples Therapy

- Understanding where, why and how couples get stuck

Characteristics of Two Types of Couples with Arrested Development

- The Hostile-Angry Couple
- The Conflict/Intimacy Avoidant Couple

Redesigning the First Session to get off to a Better Start

- Begin therapy before the first session
- Avoid blame and shame. (Don't ask why they are seeing you)
- Successfully challenge the attitude "Why should I have to change?"
- Make initial progress without focusing on problems or communication
- Video demo and role play demo to illustrate these concepts

Incisively Diagnosing What is Wrong So You Know Where to Focus

- Understanding differentiation and not confusing it with individuation
- 6 Diagnostic criteria that enable much more targeted intervention
- Video demonstration of blended family couple

Why Differentiation Matters

- Building a solid foundation of change to help partners:
 - Manage emotional reactivity and self soothe
 - Avoid depression, inertia and hostility
 - Increase collaboration and empathy
 - Video demo of the Initiator-Inquirer Process

DAY TWO

Applying the Principles to Challenging Couples: Cutting Through the Fog of War

- Infidelity: Managing and Resolving Unrelenting Anger
 - The three stages of treatment
 - Addressing unresolved intrapsychic conflicts
 - Five stages of accountability in the betraying partner
- Video Demo: First session after a third affair has been revealed

Untangling Passive-Aggressive Dynamics in Couples Therapy

- Understand the origins of passive-aggressive stuckness
- Addressing the continued over-functioning of the spouse
- Confront homework non-compliance
- Help these partners break old patterns and experience new ways of being together
- Live role play demonstration

Lies and Deception

- Four types of lies
- Confronting deception

Pulling It All Together: The Couple as a Team

**Registration opens at 8 AM
The workshop runs from
9 AM-5 PM daily.
There will be two 15 minute breaks
with an hour and a half lunch.**

**LIVE VIDEO
WEBCAST!
APRIL 19-20**

WORKSHOP INFORMATION

April 12-13, 2018
Vancouver Pinnacle Marriot Downtown
1128 West Hastings Street
Vancouver, BC V6E 4R5 Canada
(604) 684-1128

April 19-20, 2018
Oregon Convention Center
Meeting Rooms F150-151
777 NE MLK JR Blvd
Portland, OR 97232
(800) 791-2250

CAN'T MAKE IT TO THE WORKSHOP?

SIGN UP FOR THE LIVE WEBCAST.

- Ask questions to the speaker in real time
- Access all workshop handouts and materials
- Interact with other webcast participants

All from the comfort of your own home
Sign up now!

April 19-20, 2018

Webcast will be aired Pacific Time

**To register and for complete details,
visit www.IBH.com.**

WORKSHOP OBJECTIVES

After completing this course, attendees will be better able to:

- **Actively control and contain conflict in your office with hostile, angry partners.**
- **Get couples work off to a strong start, while avoiding common pitfalls.**
- **Describe four common ways couples manage anxiety that inhibit their growth and result in chronic problems of depression, withdrawal or aggression.**
- **Develop effective limit setting with the spouse of the passive aggressive partner.**
- **Resolve individual intrapsychic conflicts that impede relationship growth.**
- **Manage the intense emotionality in first sessions after infidelity is revealed**
- **Skillfully discuss how to confront lies and deception**

DISCOUNTS

Must be noted on original registration (one discount per person on two-day registration only)

- **Groups:** Organize a group of three or more and save! Mail your registrations together and deduct \$50 from each.
- **Full-time students:** Deduct \$60 from applicable tuition. Proof of full-time status (undergraduate: 12 or more units; graduate: 6 or more units) must accompany your registration.
- **Alumni:** If you have attended an IBH workshop in the last 12 months, you may deduct \$75 from your tuition.

CONTINUING EDUCATION

The Institute for the Advancement of Human Behavior (IAHB) has been approved to offer 12 hours of continuing education and continuing medical education (except where otherwise noted) by the following:

ALCOHOLISM & DRUG ABUSE COUNSELORS: Approved by the National Association of Alcoholism and Drug Abuse Counselors Approved Provider Program (NAADAC Approved Education Provider #92713) for 12 CE hours. IAHB is a provider of Continuing Education for Certification and Recertification of Alcohol and Drug Abuse Counselors in the state of Texas. Provider # 1847-12. Provider approved by CCAPP-EI, Provider #4N-86-074-0119 for 12 CEH'S.

CEAPS: This course has been approved by the Employee Assistance Certification Commission (EAPPA/EACC) in Domain III for 12 CE hours. EACC Approval #VKIBHE0817-L14.

COUNSELORS AND MFTS: IAHB is approved by the Illinois Department of Professional Regulation (Provider #168-000119). IAHB has been approved by the Texas Board of Examiners of Marriage and Family Therapists to provide CE offerings for MFTs. Provider Number 154. Institute for the Advancement of Human Behavior, Inc. (IAHB) is recognized by the New York State Education Department's State Board for Mental Health Practitioners as an approved provider of continuing education for licensed mental health counselors. #MHC-0063. Counselors may earn 12 contact hours.

EDUCATORS: The Institute for the Advancement of Human Behavior has been approved by the Washington State Professional Educator Standards Board (WESPSB), a member of NASDTEC, as a Clock Hour Provider for Educators. Learners may claim one Clock Hour for each activity hour attended. Please contact your individual state boards for information regarding reciprocity and any additional requirements.

NURSES: The Institute for Advancement of Human Behavior accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation. Provider approved by the CA Board of Registered

CANCELLATIONS

Requests must be in writing. Refunds will be given on requests postmarked no later than 7 days prior to the workshop. A \$35 per person processing fee will be deducted from all cancellations. No refund will be issued within 7 days of the workshop. If IBH cancels a workshop, tuition will be refunded in full.

WORKSHOP AIDES

Save over 40% on your tuition by working as an aide at the beginning and end of each day and at the breaks. Register as an aide by emailing staff@ibh.com to see if spots are still available. In the subject line, please write: Workshop Aide & the city you will be attending. Act now; positions fill quickly.

BAD8AUS

Nursing (BRN Provider CEP #2672) for 12.0 contact hours.

PHYSICIANS: The Institute for the Advancement of Human (IAHB) is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians. The Institute for the Advancement of Human Behavior designates this live activity for a maximum of 12 AMA PRA Category 1 Credits™. Physicians should only claim credit commensurate with the extent of their participation in the activity.

PSYCHOLOGISTS: IAHB is approved by the American Psychological Association (APA) to offer continuing education for psychologists. IAHB maintains responsibility for the program and its content.

SOCIAL WORKERS: Institute for the Advancement of Human Behavior, #1426, is approved as a provider for social work continuing education by the Association of Social Work Boards (ASWB) www.aswb.org, through the Approved Continuing Education (ACE) program. Institute for the Advancement of Human Behavior maintains responsibility for the program. ASWB Approval Period: 3/16/2017 – 3/16/2020. Social workers should contact their regulatory board to determine course approval for continuing education credits. Social workers participating in this course will receive 12 clinical continuing education clock hours. As an approved continuing education provider for the Texas State Board of Social Worker Examiners, IAHB offers continuing education for Texas licensed social workers in compliance with the rules of the board. License No. 3876; MC 1982, PO Box 149347, Austin, TX 78714, (512) 719-3521. Institute for the Advancement of Human Behavior, Inc. SW CPE is recognized by the New York State Education Department's State Board for Social Work as an approved provider of continuing education for licensed social workers #0091. Social workers may earn 12 contact hours.

NOTE: You must attend in full to earn CE credit. No partial credit will be awarded. Many state boards accept offerings accredited by national or other state organizations. If your state is not listed, please check with your professional licensing board to determine whether the accreditations listed are accepted.